

Schedule of events for the Henry Ford Health 200 at Michigan International Speedway

Friday, August 5th

4:00 PM 5:00 PM ARCA Menards Series Haulers Enter
Parking Only / No Unloading

Saturday, August 6th

6:30 AM 5:00 PM ARCA Menards Series Credentials
6:30 AM ARCA Menards Series Remaining Haulers Enter
7:00 AM ARCA Menards Series Garage Access
7:30 AM Track Services Meeting
8:00 AM ARCA Menards Series Rookie Meeting
8:30 AM ARCA Menards Series Driver, Crew Chief & Spotter Meeting (Series Inspection Trailer)
10:30 AM 10:45 AM ARCA Menards Series Rookie On-Track Orientation
10:45 AM 11:20 AM ARCA Menards Series Final Practice
11:30 AM 11:50 AM General Tire Pole Qualifying (Timed Session, Impound)
4:00 PM 4:30 PM Final Adjustments
Post Adjustments Move Cars to Starting Order
6:00 PM Take Cars Out to Starting Grid (Pit Road)
6:20 PM ARCA Menards Series Drivers Report to Vehicles (Grid Location)
6:36 PM Command to Start Engines
6:37 PM Field Rolls from Grid
6:43 PM Start of the Henry Ford Health 200
(200 miles / 100 laps)

Current 8/02/22

EDT

Sunrise - 6:35 am

Sunset - 8:51 pm