

## \*\*\* New for 2026 \*\*\*

ImPACT Testing will be required for ARCA drivers.

The ImPACT is a computer based standardized neurocognitive assessment.

### ImPACT Baseline – Instructions

Once signed in you will have an instructional video to watch explaining the testing process.

**Test should be completed at least 2 weeks prior to the first (or ANY) on track activity/event.**

**Please make sure of the following before starting your test:**

- *The test environment must be quiet and distraction-free, with no phones or other devices.*
- *Sit comfortably at a table or desk with a flat, hard surface.*
- *All other programs and browser tabs should be closed.*
- *An external mouse must be used for the exam.*
- ***You must complete the test in a single attempt in less than 45 Minutes***

**ImPACT has a minimum threshold to pass. If your score is below that threshold, you will be notified and will need to repeat the exam.**

Test codes are sent via email. Once you receive a code, you may go ahead and complete your baseline ImPACT. The baseline is valid for 2 years from the date of the test.

***Exam invites expire 90 days after being sent. If you need a new test code or have any questions, please contact the NASCAR Medical Liaisons at [mlc@nascar.com](mailto:mlc@nascar.com).***

**\*\*The KD or King Devick (Concussion Management) *is optional for drivers* and needs to be completed at a race where the National Series is present. Present to Infield Care Center during garage hours and meet with the NASCAR Nurse Liaisons to obtain a baseline KD and/or more information regarding the testing\*\***